

# Clear Stream Chronicle

*“Bravery is the capacity to perform properly even when scared half to death.”*  
**Omar Bradley**



## A Message from the Administrators...

### Lost and Found

Please see if your child is missing a jacket, sweatshirt, hat, etc. The Lost and Found has many items that are unclaimed. Please label your child's clothing so we can give back the unclaimed items. It is truly heartbreaking to see so many articles of beautiful clothing sitting unused and unspoken for. Any articles that are not picked up by Tuesday, June 1 will be donated to a charity.

### NYS Science Performance Exam

On Thursday, May 27 and Friday, May 28, our Fourth Graders will be taking the NYS Science Performance Test. The students have been well-prepared by Mr. Laudano and their classroom teachers.

Please be sure your children arrive at school on time and have a hearty breakfast on these days. We thank you for your cooperation.

### Play Day; Field Day

Grades 3 & 4 will have their Play Day on Wednesday, June 2. Grades 5 & 6 will have their Field Day on Friday, June 4.

Please be sure the children wear sneakers on their assigned days. Children must wear appropriate footwear in order to participate in the day's events.

### Grade 2 BOCES Math Test

Second Grade will be taking a Math Test on Wednesday, June 2. The students have been well-prepared for the exam and there is no need for the students to be nervous.

Please be sure they eat a healthy breakfast and arrive at school on time the morning of the Test.

### Appropriate Dress

It seems as though summer has arrived even though the calendar says it is still May. Please be sure your children are dressed appropriately for school on these hot days:

- Tank tops are not allowed
- Shorts should be at knee length
- Flip flops are not allowed as they create a safety issue when children are walking in the hallways and up and down stairs.

Thank you for your cooperation in this matter.

### Happy Memorial Day!

See you next week!

## PTA Updates...

While it is very true that the internet, the television and the interactive games can be excellent sources of educational entertainment for kids, too much screen time can also have some unhealthy side effects, particularly on your eyes like eyestrain, headaches, blurred vision and neck or shoulder pain. Some researchers indicate that kids in the United States watch an average of 4 hours of TV a day; that is double the time that the American Academy of Pediatrics (AAP) recommends. Therefore, it is wise that

parents monitor and limit the time that children spend playing video games, watching TV and playing games online. Parents can stock the TV room with plenty of other non-screen entertainment to encourage children to do something other than just watch television. For example, the entertainment room can have lots of books, kids' magazines, toys, jigsaw, crossword and word search puzzles, board games and so on. A good idea is to make

sure that kids have a wide range of free-time activities. Remember that their cardiovascular health is as important as their intellectual health. Get the kids outside often; let them walk, run, rollerblade, play with friends or do some other activity that gets their blood pumping faster. These things can all play a vital role in helping kids develop a healthy body and mind.

5.27.10

Issue 32

### Mrs. Birch

Mrs. Birch works as a Noon Aide at CSA and is sure the lunch line is moving along each day. She likes to cook and play games. She loves flowers and hopes to own a flower shop one day. When she grew up in Suriname, South America, she liked to climb trees. Suriname is near Guyana. Mrs. Birch speaks Dutch and her grandmother speaks Maleise. Her favorite color is sky blue; her favorite food is chow mien and her favorite subjects are math and history. She has three children: Mario, Adam and Alexis. She wants to travel in the future.

Mrs. Birch's

Interview

Written By

Shahzeenah, Elyse and Diana

## Upcoming Events

- May 31 - Memorial Day - School Closed
- 

District Website:  
[valleystream30.org](http://valleystream30.org)





